

Job Description

POSITION TITLE: Athletic/Sports Conditioning Specialist

Venture Academy Family of Schools County Operated Schools and Programs

#2402

SALARY PLACEMENT: Classified Hourly Salary Schedule

Range 40

MINIMUM QUALIFICATIONS – EDUCATION, TRAINING AND EXPERIENCE:

High school diploma or equivalent of the completion of the twelfth grade. Successful completion of a minimum of thirty (30) units of college credit. Possess valid CPR Certification. A minimum of five (5) years experience in the area of athletic and/or physical fitness activities. Experience leading high school sports teams or individuals in sports conditioning training and/or physical fitness activities.

CREDENTIALS AND/OR SKILLS AND ABILITIES:

Demonstrated ability to:

- 1. Lead groups of students through fitness and sport specific conditioning activities.
- 2. Manage the psychological and physical safety of groups.
- 3. Work cooperatively with a teacher in the development of athletic and sport specific conditioning activities that will be integrated into a multi-disciplinary curriculum.
- 4. Supervise students as they develop self-esteem and physical fitness through exercise/sport conditioning activities.
- 5. Understand physical education and sport conditioning as being an integral part of an interdisciplinary thematic unit.
- 6. Be flexible and receptive to change.

DESIRABLE EXPERIENCE AND/OR SKILLS:

Supervising students and/or athletes in high school setting. Coaching of sports team. Personal Trainer certification. Currently enrolled in college courses leading toward a Bachelor of Arts degree in physical education or a related field.

SUMMARY OF POSITION:

Under the supervision of the Venture Academy administrators, assists the classroom teacher in providing relevant fitness experiences and athletic conditioning for students enrolled in the program. Does related work as required.

ESSENTIAL FUNCTIONS:

Essential functions may include but are not limited to:

1. Assist the classroom teacher in the ongoing development of curriculum and program design.

- 2. Supervision of students as they develop physical and emotional well being.
- 3. Collaborate with the teacher in designing a program for parent involvement.
- 4. Performs other related duties as assigned.

PHYSICAL REQUIREMENTS:

Employees in this position must have the ability to:

- 1. Sit for extended periods of time.
- 2. Enter data in to a computer terminal/typewriter, operate standard office equipment, and use a telephone.
- 3. See and read a computer screen and printed matter with or without vision aids.
- 4. Hear and understand speech at normal levels and on the telephone.
- 5. Speak so that others may understand at normal levels and on the telephone.
- 6. Stand, walk, and bend over, reach overhead, grasp, push, pull and move, lift and/or carry up to 50 pounds to waist height.

WORK ENVIRONMENT:

Employees in this position will be required to work indoors and outdoors in a school setting, and come in direct contact with SJCOE staff, parents, students and the public-at-large.

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